

NATIONALS FUNDRAISING *Fantastic prizes!*



STATE CHAMPIONSHIPS *State Sporting, Campdrafting & Jumping Equitation*

HORSELAND CLUB OF THE MONTH *Congratulations to the recent winners!*

COACHES CORNER *What Instruction is available to each Zone from PCANSW*

CAREERS *Interview with Flametree Inc*

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COVER: 2013 PCANSW State Jumping Equitation Championships, Mudgee. Katie Simcock under 13's, Zone 24. Barry McGregor photography.

CURRENT PAGE: 2013 AGL State Sporting and Campdrafting Championships. Barry McGregor photography.

WELCOME



EDITOR'S WELCOME

We are halfway through the year and what a fabulous year of Pony Club so far!

Since our last newsletter, we have had two more successful State Championships located in Gloucester and Mudgee. Results and photographs from these events can be found inside this edition.

The 2013 Pony Club Australia National Championships NSW team has been selected, congratulations to those riders! The Championship will be held at the Western Australia State Equestrian Centre, Brigadoon, from the 26 to the 30 September 2013. Pony Club NSW is holding a raffle state wide in an effort to raise money to cover the significant costs associated with NSW competitors travelling to Western Australia with their horses for this event. Association President Di Cullen has also put together a Pony Club Association NSW Cook book to help raise funds for NSW riders attending the Nationals. More information on both of these fundraising initiatives can be found in this newsletter.

You will also find all of our regular features including an interview with our State Championship rug sponsor Flametree Inc in in our Careers feature article. I hope you enjoy reading this issue.

Lisa Ferguson, Marketing & Events Co-ordinator

CONTRIBUTORS

Editor: Lisa Ferguson, PCANSW Marketing & Events Co-ordinator
Contributing Writers Karen Moreton (Karen's Column), Gail Scramek (Mitavite editorial), Kirsty Cameron (QLD State Equitation & Showjumping Championships), Jude Alston, Katie Slater (Around the Grounds), Kate Reynolds (Careers), Pony Club NSW State Coach (Coaches Corner).

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PARTNERS



NEWS

NATIONALS FUNDRAISING

NATIONALS RAFFLE: The 2013 Pony Club Australia National Championships will be held at the Western Australia State Equestrian Centre, Brigadoon, from the 26 to the 30 September 2013. Pony Club NSW is holding a raffle state wide in an effort to raise money to cover the significant costs associated with NSW competitors travelling to Western Australia with their horses for this event. Individuals and Clubs can purchase raffle tickets now from our office by filling out the order form available to download from our website and posting with payment. Individuals and Clubs can also assist in selling the tickets and can order raffle tickets to sell with tickets and payment to be returned to the office before the 12th July 2013. Raffle will be drawn on the 30th July 2013. Winners will be notified by phone. More information on this raffle and the prizes offered can be found on page 7 of this newsletter.

NATIONALS COOK BOOK: Association President Di Cullen has put together a Pony Club Association NSW Cook book to help raise funds for NSW riders attending the Nationals. Books are \$20 and feature a wide selection of delicious recipes. Cook books can be purchased now from our office by filling out the order form available to download from our website and posting with payment.

DONATIONS THROUGH THE AUSTRALIAN SPORTS FOUNDATION: You may wish to make a tax deductible donation to the Australian Sports Foundation to assist the Pony Club Association of NSW Sports Development Fund supporting youth equestrian in NSW. For more information please refer to page 8 of this newsletter and our website.

VOLUNTEER, JUNIOR SERVICE AND KEITH LOWE AWARDS

The Pony Club Association of NSW wishes to recognise and celebrate our valued volunteers and junior and associate members whose efforts have significantly assisted with the running and development of Pony Club within their Club and/or Zone. Please visit our website to find out more information and to download the nomination forms. Nominations close on the 28th June 2013.

FREE ADMINISTRATION SCHOOLS FOR 2013

Are you a new Club or Zone Secretary or other Office Bearer? Are you unsure about meeting procedures, codes of conduct or just where to find information? Zones are reminded that members of the State Executive are available for Administration Schools. These schools are booked via the office and will cover a range of issues to help Clubs/Zones including – affiliations, transfers, orders, incorporation, meeting procedure, NCAS, grants, insurance, risk management, conflict resolution and many others. Please contact Kerren Britton on 02 4229 8977 or email admin@pcansw.org.au for further details.

WORKING WITH CHILDREN CHECKS – CHILD PROTECTION

Changes to Working with Children Checks are now due to begin implementation on the 15th June 2013. The timeline for the full implantation for changes is still noted as five (5) years with the likely hood that volunteers will need to comply within 3 years i.e. 2015/16 please see <http://kids.nsw.gov.au/kids/working/newcheck> for further details.

Further information is included in this pack for clubs and parents, this information notes those people who have been designated as being exempt from registering for a Working with Children clearance and the procedures that clubs will need to implement to keep a register of all members exempt or not as this register will need to be updated regularly and be made available if necessary to the authorities.

Pony Club Association NSW will also be looking at implementing a policy for members to follow in regard to working with children to ensure children's safety which will complement the Working with Children Checks.

Until the implementation of the changes for volunteers Clubs are reminded that ALL MEMBERS AND VOLUNTEERS over 18 years of age must sign the current Volunteers/Student Declaration form. These forms may also be found on the NSW Commission for Children and Young People web site www.kids.nsw.gov.au or on our web site.

As we receive further information on these changes and the implementation process we will continue to provide updates. One hour information sessions are available through the "Find and information session" tab on our website.

MITAVITE CLUB OFFER

Throughout 2013 Mitavite is offering Clubs and Zones the opportunity to purchase 5 bags of Mitavite Xtra-Cool feed, valued at up to \$100, for \$50. Feed will be supplied in the form of a voucher for redemption at your nearest feed store stocking Mitavite before December 2013. Simply complete the Order Form available from our website and post, or fax the form to the state office along with cheque payment.

NEWS

WORK HEALTH AND SAFETY ACT (WH&S)

As part of the Associations consultation process the State Office will continue to forward information to all Clubs and Zones, outlining Pony Club's responsibilities under the Work Health and Safety Act.

Pony Club Association NSW Inc. is already committed to the health and safety of all Members and visitors as demonstrated by various policies and procedures throughout the organisation.

Club and Zone Executive, Zone Chief Instructors, Safety Officers and other adults supervising have always had a duty of care to the young people participating in Pony Club and this law formalises this duty of care. Club and Zone Executive, Zone Chief Instructors and other adults supervising young people who work wholly within the policies and requirements of the Association are already compliant with the requirements under the Act.

Please be aware under the Act that all members and volunteers at Pony Club are classified as "workers" and as such have the same responsibilities and duties as paid workers towards Work Health & Safety, they may also be held accountable by WorkCover in the event that safe work practices and Pony Club rules and policies are disregarded and fines of up to \$50,000 may be imposed.

As part of Pony Clubs commitment to the development of further policies and procedures to assist Clubs and Zones implement the paperwork required under the Act, the State Office has already added a number of forms, check lists and other information to the Associations website (under the Risk Management tab) to help volunteers with risk management and the documentation process.

All Clubs and Zones need to have a Safety Officer who will complete and retain a Safety Officers Check Lists – Quarterly/Yearly for their venue as well as the Safety Officers Check List(s) for each Events/Rally day. A copy of the Quarterly/Yearly venue check list may be forwarded to either your landlord or local council if relevant.

A Safety Officer will be appointed by host Zones for all State Championships.

Please note the following:

All electrical leads and appliances must be tested and tagged to be used at any pony club event or activity, the Club, Zone or State Safety Officer is responsible for the checking of tags as part of their duties. The Safety Officer will conduct a full safety audit at the event and members are requested to comply with any direction in regard to safety breaches by the Safety Officer.

Safety Officers need to hold a safety briefing before each Rally day or Event and post this briefing on the notice board. To assist Safety Officers with this process we have included a template on the website under the Risk Management tab.

Zones Chief Instructors or other Zone officials who sign off on riders attending State Events who are not of a suitable standard, and/or have no outside performance for events like Campdrafting may be held responsible in the event that an accident occurred under the changes to the Work Health and Safety Act.

The Technical Delegate, Advisory Committee, State Executive and office are not in a position to view individual riders, and Club and Zone officials must be aware that when they sign entry forms that are accepting responsibility for the rider's capability to attend these events.

Helmet cameras are not acceptable at Pony Club as they are attached to the rider's helmet and may void the manufacturers warranty and the Safety Standard.

For more information about PCBUs, visit workcover.nsw.gov.au and go to 'New legislation 2012'.

To read the model Work Health and Safety (WHS) Act, draft model WHS Regulations and priority codes of practice, visit safeworkaustralia.gov.au



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Omega 3 fatty acids from fish oil make the body's membranes, including red blood cells, cell walls and blood vessels more flexible, improving blood circulation and the delivery of oxygen to muscles. This helps to delay fatigue and improve stamina in performance horses and improves health and wellbeing in all horses, including aged horses and ponies.

Feeding plant based vegetable oils can't deliver the Omega 3 benefits gained from the addition of EPA and DHA rich fish oil.

Corn oil, safflower and sunflower oils have a poor Omega 3: Omega 6 ratio which can have an inflammatory effect if fed at high levels.

The benefits of adding Vitamite Performa 3 Oil to your horse's daily ration will occur in 3 stages:

STAGE 1: 21-28 days – Omega 3 replaces Omega 6 in white blood cells

STAGE 2: 50-60 days – Omega 3:6 ratio starts to change in membranes & cell walls.

STAGE 3: 90-100 days – the membrane cells have completed a life cycle and all new cells have their new Omega 3 : Omega 6 ratio.



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For further information about Performa•3 and other Vitamite supplements, visit our informative website Mitavite.com.au or freecall MITAVITE® 1800 025 487

References

O'Connor CI *et al* (2004) The effect of dietary fish oil supplementation on exercising horses. *J Anim Sci* 82(10):2978-2984
De Caterina R, Basta G (2001) n-3 Fatty acids and the inflammatory response - biological background. *Eur Heart J Supp D*:D42-D49



Horse Nutrition

Latest research findings on feeding showjumping, dressage and eventing horses.

Information courtesy of
Mitavite, "Official feed
partner of PCANSW"

The Benefits of Feeding the Right Type of Oil

The way horses are fed has changed over the years. The horse has evolved on a diet that was a mix of a variety of pasture species. This has changed and horses now have access to a limited selection of pasture species, and concentrates are added to the ration. Adding feeds such as soybeans, sunflowers and corn that are high in Omega 6 oils has skewed the Omega 3:Omega 6 balance in the horse's diet. To correctly balance this ratio, Omega 3 oils need to be added to the ration.

Omega 3 oils are a group of unsaturated fatty acids. They cannot be synthesised by the horse and are needed in the diet. There are three essential omega 3 fatty acids. [α-linolenic acid](#) which is found in vegetable oils such as Canola and Linseed. The other longer chain Omega 3 fatty acids are only found in animal tissue and fish oil. These are Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA).

DHA and EPA are in a form that the horse can use immediately. The plant form, α-linolenic acid, needs to be converted to DHA and EPA before it can be used. This process is inefficient and the most direct way of providing these valuable long chain Omega 3 oils is by supplementation. Performa 3 Oil provides serious levels of DHA and EPA.

Research in human and animal nutrition have provided many benefits for feeding the longer chain Omega 3 rich oils, particularly DHA and EPA:

- ☑ Racing and Performance may benefit as DHA-rich Omega 3 supplements may assist in lowering heart rates and lower packed cell volumes during exercise. It may be beneficial in enhancing red blood cell formation, suppleness and flexibility. Lung health may improve due to decreased inflammation and improved blood circulation.
- ☑ Breeding may benefit from DHA-rich Omega 3 supplements that may contribute to enhanced fertility and improved sperm motility when the sperm has been frozen in the breeding stallion.
- ☑ Older Horses that have cartilage degradation and the pain and inflammation associated with degenerative joint disease such as arthritis, may be improved with Omega 3 supplementation. It has been shown to be reduced with Omega 3 supplementation in humans.
- ☑ If the Omega 3:Omega 6 ratio is out of balance, moving the balance of power from the pro-inflammatory Omega 6 oils to the Omega 3 oils, inflammatory responses may be reduced. It may be beneficial for some horses that have allergic skin reactions to Culicoides. i.e Queensland Itch.

Help to keep the Omega 3:Omega 6 balance right. Performa 3 Oil provides Omega 3 rich, fish and vegetable oils with added garlic to increase immunity.

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Help send our riders to the Nationals!

NATIONALS RAFFLE

The 2013 Pony Club Australia National Championships will be held at the Western Australia State Equestrian Centre, Brigadoon, from the 26 to the 30 September 2013. Pony Club NSW is holding a raffle state wide in an effort to raise money to cover the significant costs associated with NSW competitors travelling to Western Australia with their horses for this event. Individuals and Clubs can purchase raffle tickets now from our office by filling out the order form available to download from our website and posting with payment. Individuals and Clubs can also assist in selling the tickets and can order raffle tickets to sell with tickets and payment to be returned to the office before the 12th July 2013. Please also fill out the order form for this option.

1st Prize: Registered Blue Box Trailer 5 x 3'6" filled with product, trailer donated by Resort Trailers Queanbeyan. Trailer and product valued at over \$2000 pictured here.

2nd Prize: \$1000 Harvey Norman voucher

3rd Prize: \$300 Bunnings Warehouse voucher

4th Prize: \$260 worth of product donated by Flametree Inc

5th Prize: \$250 worth of product donated by Club Colours Direct

PLUS MANY MORE PRIZES!



TICKETS \$2.00 each. Tickets must be back to the PCANSW office before the 12th July 2013. Raffle will be drawn on the 30th July 2013. Winners will be notified by phone.

The Pony Club Association of NSW would like to thank the following sponsors for their generous support of our equestrian athletes.



NATIONALS COOK BOOK

Association President Di Cullen has put together a Pony Club Association NSW Cook book to help raise funds for NSW riders attending the Nationals. Books are \$20 and feature a wide selection of delicious recipes. Cook books can be purchased now from our office by filling out the order form available to download from our website and posting with payment.



DONATIONS THROUGH THE AUSTRALIAN SPORTS FOUNDATION

You may wish to make a tax deductible donation to the Australian Sports Foundation to assist the Pony Club Association of NSW Sports Development Fund supporting youth equestrian in NSW. For more information please refer to our website.



DONATIONS through the Australian Sports Foundation

You may wish to make a tax deductible donation to the Australian Sports Foundation to assist The Pony Club Association of NSW Sports Development Fund supporting youth equestrian in NSW.

The Australian Sports Foundation Ltd. (ASF) was established by the Australian Government to assist organisations to raise funds through public & corporate donations for the development of sport in Australia. Pursuant to the ASF's listing in the Income Tax Assessment Act (1997) (div 30, S 30-90), donations of \$2 or more to the ASF are tax deductible.

Donors must contribute unconditionally to the ASF to claim a tax deduction, however the ASF's structure makes it possible for a donor to nominate a registered project as the preferred beneficiary of their gift. The Pony Club Association of NSW Incorporated - PCANSW Sports Development Fund, project no. 213165, is registered with and conducted under the charter of the ASF. All claims are subject to being accepted by the Commissioner of Taxation. If either an individual or business is uncertain of their position they should seek their own professional advice.

Projects listed under The Pony Club Association of NSW Sports Development Fund include;

- State Camp: Provision of annual high performance training/coaching camp for selected riders in the disciplines of dressage, showjumping, eventing and mounted games.
- State Championships: Hosting annual competitions for qualified riders in the disciplines of dressage, sporting, campdrafting, mounted games, polocrosse, showjumping, equitation, eventing and showriding.
- National Championships: Financial assistance for NSW riders to attend the biannual National competition in the Olympic disciplines of dressage, show jumping, eventing and mounted games.

For more information please contact Event Coordinator Lisa Ferguson
marketing@pcansw.org.au



YOUNG RIDERS GAIN MORE THAN TROPHIES AT STATE CHAMPIONSHIP

The AGL State Sporting and Campdrafting Championships hosted by Zone 25, held over the weekend of the 13 to the 14 April at Gloucester has been hailed a great success.

The event is a great social occasion for Pony Club members taking part, with around 300 competitors and their families travelling from all over the NSW and QLD to camp at the grounds over the weekend.

The Sporting Championships which was held on Saturday attracted 274 entries. Riders battled it out in a variety of races including Bending, Flag and Barrel racing.

Well done to the following Sporting age champions. In the under 11's, Georgia Rigby from Queensland and in the under 13's Jessica McDonald from Wallsend New Lambton Pony Club in Zone 25. Anastasia Martin from Merriwa, Zone 7 placed first in the under 15 age group. Emma Sheargold from Canberra Riding Club, Zone 16 took out the under 17's, while Tegan Byrnes from QLD placed first in the under 25, associate division.

The Campdrafting Championships which was held on Sunday attracted 136 competitors. In this unique event riders demonstrate their skills at cutting a beast out of a mob in an enclosure and then manoeuvring it around a set course.

Congratulations to the following Campdraft age champions. In the under 13's age group, Rohan Fenlon from QLD, and in the under 15's Rowena Dillion from Paterson River Pony Club in Zone 25. In



the under 17 age group, Brendon Weis from Glen Innes Zone 13. While in the under 25 age group Matthew Ireland from Walcha Pony Club in Zone 13 was the champion.

Brendon Weis 15 and under 17 years age champion, has been riding since he joined Glen Innes Pony Club in Zone 13 at five years of age. Since then Brandon who enjoys all aspects of Pony Club, has competed in Campdraft since he was ten years old.

This was a very special win for Brandon and his horse Joker, competing for his last year in the under 17 age group.

According to Brandon's mother Belinda Williamson, Brandon is wise beyond his years, "Brandon understands that it is more about being happy with what he is doing then getting the ribbons."

Under 25 years age champion, Matthew Ireland has also been competing since the age of four and "would recommend it to anyone to get out and have a go at state level."

"It's always good to meet people and a good way to meet up with some old friends."

"A big thank you to the Gloucester Pony Club for hosting it and my family for the support and help getting me this far."

The Pony Club NSW State Sporting and Campdrafting Championships is supported by Naming Rights Sponsor AGL Energy Gloucester, Flametree Inc, Sport and Recreation a division of Communities NSW, Mitavite official feed partner, as well as other local sponsors.



Photograph top left; Melain Ayoub, Cooranbong Pony Club Zone 24, State Sporting Championships. Barry McGregor photography.

Top right; Brendon Weis 15 and under 17 age champion, Campdrafting. Barry McGregor photography.

Bottom right; Sita Brown, Grafton Pony Club, Zone 15. State Sporting Championships. Barry McGregor photography.



AGL proudly supports the Gloucester Community and the 2013 State Pony Club Championships.

Congrats to all those who participated in the state championships.

What is AGL doing in Gloucester?

AGL is exploring for and extracting coal seam gas to meet the energy needs of Australian homes and businesses.

AGL has received State and Commonwealth approvals to develop stage 1 of the Gloucester Gas Project. This project could meet the yearly natural gas needs of more than one million Australian homes. AGL expects to have the project operational and delivering gas to customers in New South Wales by the end of 2016.

Learn more at agl.com.au/gloucester



Left: Baylee Stapleton from Zone 24. Barry McGregor photography.

Above: Alexandra Wolters-Mannix, 17 and under 25 year's age champion. Barry McGregor photography.

Practise makes perfect for Pony Club Champions

The Pony Club NSW State Jumping Equitation Championships hosted by Zone 6, was held over the weekend of the 18th to the 19th May 2013 at the Mudgee Australian Rural Education Centre, Mudgee.

Around 170 competitors travelled from all around the state to the event with most competitors and their families camping at the grounds for the weekend. Riders competed in four classes and were judged both on their riding style and control of the horse whilst jumping.

According to Jackie Perring, Zone 6 Pony Club Publicity Officer, "The weather wasn't very kind but spectators didn't seem to mind the freezing wind as they watched some incredibly talented riders compete in four different classes vying to win the Champion title."

In the under 13 years age group Sophie Hamilton-Smith from Quirindi Pony Club in Zone 5 was the age champion. In the 13 and under 15 years age group Matilda Seppelt from Londonderry Pony Club in Zone 19 took out first place. Georgina Grove in the 15 and under 17 age group from Forest Hills Pony Club Zone 23 was the age champion for the second year in a row. While in the 17 and under 25 age group Alexandra Wolters Mannix from Orange Pony Club in Zone 3 also placed first for the second year in a row.

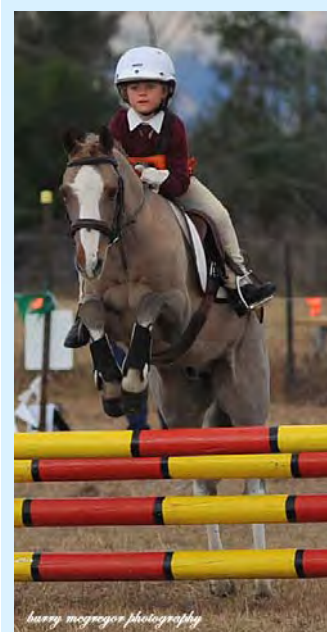
Alexandra has also won the 2012 Pony Club NSW State Jumping Equitation and 2012 Pony Club NSW State ODE Championships on the same horse. Alexandra's advice to young pony club members hoping to follow in her footsteps is to 'Keep trying! I have been attending state championships for equitation, dressage, showjumping and eventing since I was 11 and have always aspired to be one of those riders taking home the champion ribbon. It's taken me nearly ten years practice, so keep coming back and keep trying different competition techniques until you find what works for you.'

Alexandra would like to thank 'Zone 6 and Mudgee pony club for a great event and PCA NSW for supporting all the junior, and senior, riders by holding these state championship events. They are great fun and I look forward to

them every year! My biggest thanks definitely goes to my awesome mum though, imagine putting up with me and taking me to all these events over the years! She does a great job as mum and as team manager and I'm sure Ollie thanks her too.'

The next state event on the Pony Club NSW Calendar is the Pony Club NSW State Showjumping Championships which is to be held at Bathurst Showgrounds, Bathurst on Saturday 6th and Sunday 7th July.

The Pony Club NSW State Jumping Equitation Championships are supported by Sport and Recreation a division of Communities NSW, Mitavite official feed partner, Flametree Inc State Championship rug sponsor, as well as other local sponsors.





Thank you Aussie RIP

when your horse follows you without being asked,
when he rubs his head on yours,
when you look at him and feel
a tingle down your spine.
you know you are loved.

John Lyons



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QLD State Equitation and Showjumping Championships

The QLD State Equitation and Showjumping Championships was held in Beaudesert, QLD between 2nd- 5th April 2013. NSW was represented by 12 riders in the Equitation and 12 riders in the Showjumping, with riders coming from Zones 15, 8, and 13.

Equitation was held with two rounds on Tuesday and one round on Wednesday. This event was a learning curve for many of our riders, however over three rounds many placed in the top 10 in their age divisions. Becky Gillan performed with style and was awarded 3rd overall in the under 12 age group.



Showjumping commenced with the AM5 and Power & Speed on Thursday and finished with the Grand Prix on Friday. The ground was slightly wet due to the wet weather in the weeks leading up to the event. With very technical courses, clear rounds were very hard to come by for all the riders. Our younger riders performed well with Armani Easy and William Wood placing in the Under 10 events and Armani placed 2nd overall and William 3rd overall. Becky Gillan once again showed her style with placing's in the AM5 and Power & Speed and then was awarded Champion Under 12 rider. Our D grade and Pony & Galloway riders all performed very well with Top 10 placing's, and our associate rider Talei Moorhouse secured 3rd overall in the D Grade Group 1 class.

All of our NSW riders were very competitive within such a strong field of QLD riders and showed impressive sportsmanship and horsemanship throughout a very well organised and run event.

Kirsty Cameron, NSW Team Manager.



Jessica Freier – D grade AM5



Loretta Morris – D grade AM5

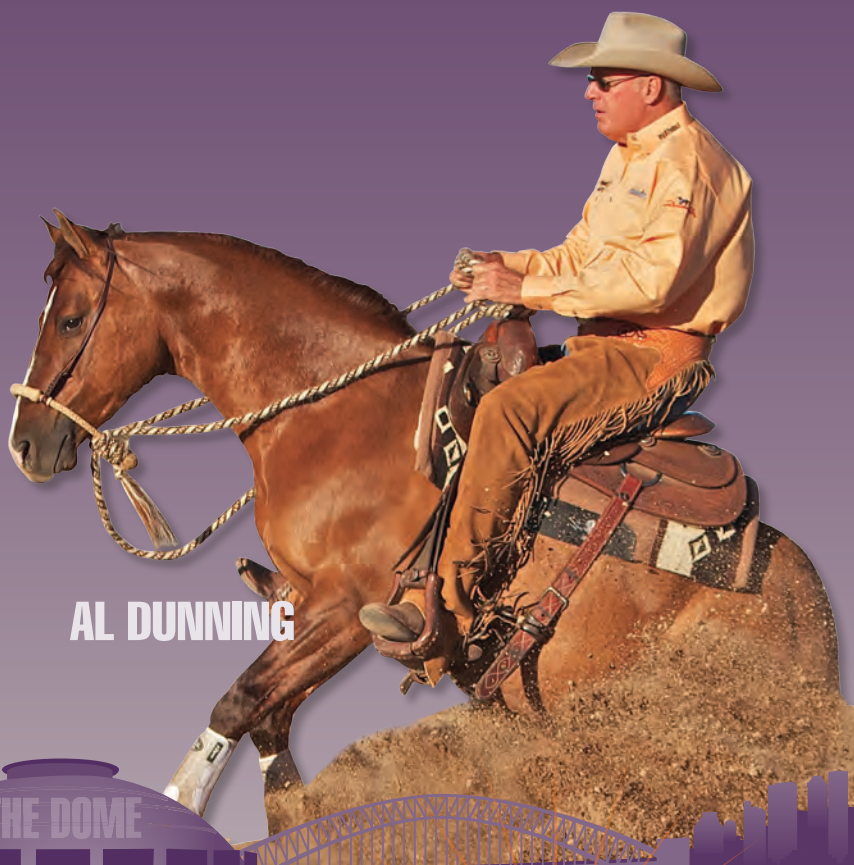


Becky Gillan U12 AM5

7-10 NOVEMBER 2013 • SYDNEY SHOWGROUND



CARL HESTER



AL DUNNING



PAT AND LINDA
PARELLI

Stars
Come Out
To Play

Tickets
on sale
JULY 1

The heart of Pony Club

Welcome to our new feature called 'The Heart of Pony Club'! Send in any photographs that you think show the heart of your Pony Club and they could feature in the next Pony Club Newsletter!

Email marketing@pcansw.org.au with a caption explaining how the photograph shows the heart of your club.



We have a new family in our Club who has a mum who is a professional photographer.

Here is a photo she took recently that I think embodies the spirit of fun and friendship at Pony Club.

Alison Cairns, Arcadia Pony Club.



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NSW Sports Federation Community Sports Awards



The Pony Club Association of NSW is pleased to announce Jenny Frankum as the recipient of the 2013 NSW Sports Federation Community Sports Awards, Distinguished Long Service Award.

Jenny Frankum has had a very long association with Pony Club Association commencing in 1968. Over this time she has held the following positions in her local Pony Club and also with the state governing body. Pony Club Instructor 39 yrs, Secretary Cobbitty Pony Club 6 yrs, Senior Instructor approx 30 yrs, Zone Chief Instructor approx 27 yrs, Delegate to Area 1 Committee 22 yrs, Zone Councillor 6 years, Corporate Member 4 years, Chairman of Chief Instructors 22 yrs.

AROUND THE GROUNDS



OS Renewal School, Coonabarabran 11-12th May

Article by Jude Alston

We had 32 in total candidates including several first timers, and Jenni Lott a member of Armidale Club from neighbouring Zone 13.

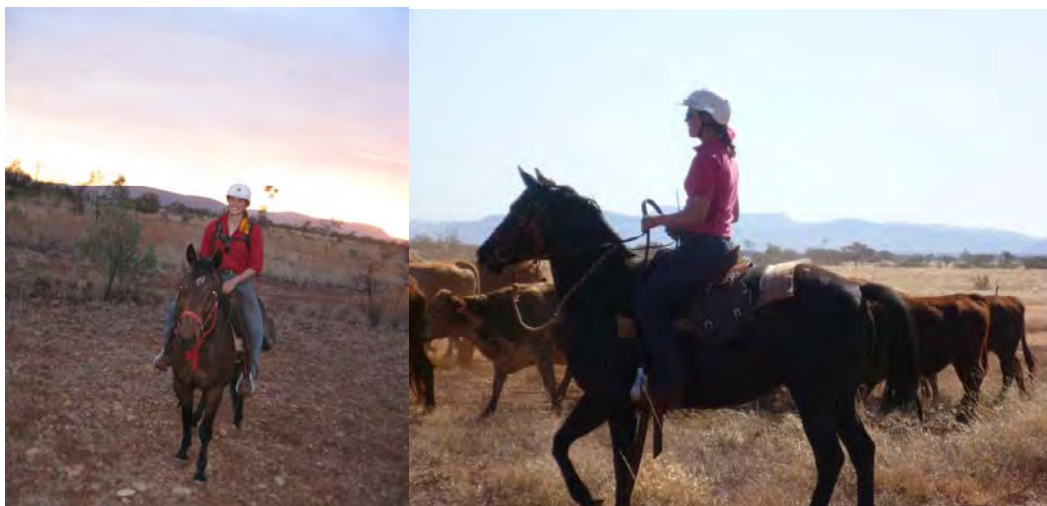
The school programme reviewed such topics as Catching, Bridling, Saddling, Fitting of all gear, Mounting and Dismounting\Rein Holds, Un/Mounted and Mounted Gear Check, Regulation Dress and Gear, Grooming and Rugging, Stable-Craft and Horsemanship, Lesson Plan and Riding Lesson, Mounted Troop Drill, Basic Caaletti & Showjumping. Also included in this school was an intense Gear Checking Lecture, with 18 Candidates being assessed for the newly introduced 'PCA GEAR CHECKING CERTIFICATE'. First Aid Lecture was conducted by Ambulance Officer, Dick Caughlan from Coonabarabran.



Coonabarabran Club were great hosts with delicious morning/afternoon teas and lunch provided. Great weekend had by all! Cheers Jude

AROUND THE GROUNDS

Email us your Club news; marketing@pcansw.org.au with 'Around the Grounds' in the subject heading



To view more Club stories check out the *Latest News* section of our website, www.pcansw.org.au

Article by Katie Slater

Where Pony Club can take you

I woke up to the sound of my alarm beeping. For a moment I was disoriented, I could not remember where I was, then the sound of a train going past jogged my memory. I was in Western Australia and had travelled thousands of kilometers the day before to reach my destination, Hamersley Station. Hamersley station, located north-west of W.A about three hours from Port Headland was where I would be working for the next four months. The station was one of 6 owned by Rio Tinto and ran approximately 6000 head of cattle and was also utilized for iron ore mining.

However, to succeed in this job there were several things I can thank pony club for, specifically the NSW mounted games squad. As a junior, I was a member of the junior squad from 2006-2008 and then a member of the senior squad in 2009-2010. These five years in the squad helped me in so many ways. With the coaching of Mr Bennett and Mr Harris I began to thrive as a games rider in a safe environment that promoted safety, horse welfare, sportsmanship and friendship. These weekends of training were always something to look forward to and I am forever in debt to Mr B, Mr Harris and the pony club association for running such a successful squad. Without squad I believe that I would not be half the rider I am today, and would therefore never have had the opportunity to work at the station, where riding skills are paramount.

I was 19 and had taken a year off from my studies. I applied for the job at Hamersly at the beginning of the year based on recommendations from a friend and had gone through a rigorous employment process. I was hired as a station hand and was there for the mustering season. The mustering season involves all of the cattle on the 860,000 acre property to be brought into yards scattered throughout the property. Once contained in the yards, the cattle are then marked, weaned or sold. This meant a lot of hard work; 12 hour days were the norm, starting at 4:30am, and on occasion over 15 hours. Although hard work, I loved it: working with the cattle and horses, outside and getting paid for it was a dream come true.

When my four months were up I returned home, to Wamboin, New South Wales. The following year in my winter break from Uni, I returned to Hamersley again to work for a couple of months mustering the cattle once again. This year, I plan to do the same.

I have learnt so much from my time over there and the experience has been invaluable.

While many people think that pony club is just a bit of fun, it has the potential to provide all riders with so much more. For me, the NSW Mounted Games squad has ensured my employment by one of the biggest companies in Australia - RioTinto. Friends have been made for life, my riding has improved enormously, my confidence has grown and life long skills have been learnt.

Lauren Slater and Lauren Vest who are also ex mounted games squad members are currently working at Hamersly Station. You can listed to a recent interview with Lauren on Country Hour ABC.

<http://www.abc.net.au/site-archive/rural/content/2013/s3724216.htm>



CAREERS



This issue we shine the spotlight on
Kate Reynolds, Co-Founder, Flametree Inc.

"Whether you want your own business or a career in the Equestrian industry, education is paramount and experience is essential!"

Kate Reynolds

What does your job involve?

Owning your own business means wearing many hats, sometimes all at the same time! Everything from managing the accounts, sourcing, ordering and shipping of products and coming up with the next crazy marketing campaign. I also like to personally test our products, which is the perfect excuse to sneak off for a ride!

Describe a typical day at work?

There is never a typical day! This of course has pros and cons. Day to day there are always emails, texts, accounting, ordering, packing and website and social networking to manage and plan. I try to plan my week ahead so I can balance the 'must do's' with the 'nice to do's'. Sometimes on a beautiful day, the advantages of having your own business means I can take

Photo left; Making time for a ride! Charlie, Kate and Olie.

Photo below; The fun stuff. Setting up some products for a photo-shoot at the Ardis Equestrian Centre, NSW.

my dog, Olie for a walk or organize to meet a friend for an early morning ride with my thoroughbred, Charlie.

How did you get this job?

I have always been driven to have my own business and I have recently sold my successful boutique-branding agency.

FLAMETREE inc. combines all the things I love including fashion, people and of course Horses! It can be really hard work and I definitely have my favourite things to do and not so favourite!

What do you enjoy the most about your job?

Thinking, planning and talking Horses! The opportunity to meet like-minded people, try new products and the flexibility of your own business.



What is the worst part about your job?

When we stuff up! It can be really frustrating when things go wrong that are out of our control, like the Australian postage system!

What advice do you have for young Pony Club members hoping to follow in your footsteps?

Whether you want your own business or a career in the Equestrian industry, education is paramount and experience is essential! I have a Business and Marketing degree from Monash University and over the past 10 years I have attended many courses to ensure my skills are up to date and current. You should never want to

CAREERS

stop learning. Unless you are planning to specialise in a professional role, for example vet/medical studies, it is really important to have a breadth of knowledge and experience. I have gained extensive experience working for both small and large companies and I have volunteered for a number of organisations just to gain further knowledge and education. It is never too early to work on your people skills and keep practicing! Effective communication is the skill you will use the most – so start practicing now.

Flametree Inc are the official Pony Club NSW State Championship rug sponsors, providing rugs for all the age champions throughout 2013. Thank you Flametree Inc your support is greatly appreciated!

Flametree Inc

Phone: 02 8006 8228

Email: amanda@flametreeinc.com.au

Website: www.flametreeinc.com.au



All in a day's work! Kate working with the FLAMETREE Inc. models: L-R Charlie, Kate and Aussie.



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CLUB OF THE MONTH COMPETITION

Each month the Horseland Club of the Month winner receives;

- \$600 Horseland Prize Pack from Horseland
- \$100 gift certificate from Australian Show Ribbons
- 2 x gift certificates for an Xtra-Cool feed bag from Mitavite
- Club profile published in the Horse Downunder magazine (pending publisher approval and quality of photos)

April Horseland Club of the Month. By Lisa Glasson, Forbes Pony Club

Forbes Pony Club, Zone 11 meets the first and third Sunday on a monthly basis at Forbes Pony Club Grounds, off Show Street Forbes. The club has been running for forty seven years and currently has approximately thirty five riding members ranging in age from two and a half, to twenty three years old. We have ten non-riding members who are our valued volunteers.



The club offers instruction in the following disciplines; show jumping, showriding, dressage, cross country, polocross and sporting as well as lessons in proper horse care and safety. A typical rally day involves gear check, roll call, flat work warm up and drills, then we often have organised activities like, polocross, sporting, dressage work and jumping. Other fundraising, or social, events run at Forbes Pony club include jumping clinics, BBQ's and raffles.

The best thing about being a member of Forbes Pony Club is the people and the friendly country community feeling that the families share. Some of the children are from families that don't ride horses so we all help each other out.

May Horseland Club of the Month. Judith van Den Bogaart, Goulburn Pony Club

Goulburn Pony Club is part of Zone 27 situated in the Southern Tablelands. We meet every second Sunday of the month at our grounds in East Grove, Goulburn. The club has been running for 56 years and currently has 35 riding members ranging in age from 5 to 23 years and 24 non-riding members who are our valued volunteers. The club offers instruction in dressage, sporting, polocrosse, showjumping, equitation, cross country, showriding and general horsemanship as well as lessons in horse care and safety.



A typical rally day starts with a troop line where we gear check all the children, explain to them the importance of well looked after tack and we admire the horse and rider combinations. All the children always look very well presented and are keen to start the day, which we try to make educational as well as offer fun in learning. Sometimes we warm up as a group and do troop drills, other times we divide the children straight away into groups and try to provide as much variety during the day as we can. Luckily we have many parents that offer expertise in different fields of horse riding. Many of our volunteers take pride in keeping the grounds look good and keeping all riding activities safe and enjoyable. We also have a cross country course that is always expanding with more challenging jumps. We have recently been able to build a small Club House and a dressage arena, thanks to the diligent fundraising of parents in the Club, and the support of local businesses.

Other fundraising or social events at Goulburn Pony Club include pony rides at the Goulburn races, selling food at community events, our annual camp and on Mother's day we had a "Pink" Rally Day to support the Breast Cancer Network. The children made and sold pink cupcakes and dressed in pink to raise awareness and money for this charity. The children also joined in Goulburn's 150th Birthday street parade this year (mounted and unmounted). On top of that we have a trial ride every year with the whole club and we organise a gymkhana on the last Sunday of October. Every year we also host 2 Regional Schools for all the members in our Zone and a Zone Rally Day in July.

The best thing about being a member of Goulburn Pony Club is that, recently we've had a lot of new keen riders join up and the Club is growing. Our members cover a broad age and discipline range, but everyone is eager and enthusiastic about learning the art of horse riding, loving their horses and encouraging each other in their riding.

ENTER NOW
TO WIN

HOW TO ENTER: Email the below to marketing@pcansw.org.au with the subject heading 'Club of the Month'.

1. Write a Club Profile by filling in the blanks - indicates as () - in the below paragraphs.

() Pony Club, Zone () meets every () at (). The club currently has approximately () riding members ranging in age from () to () and () non-riding members who are our valued volunteers.

The club offers instruction in the following disciplines () as well as lessons in proper horse care and safety. A typical rally day involves (). Other fundraising, or social, events run at () Pony club include ().

The best thing about being a member of () Pony Club is ().

2. Attach up to 4 high quality images with a photo caption detailing who is featured in the photos.

1 CLUB PER MONTH RECEIVES: A fantastic prize pack including:

- Horseland Product pack valued at \$600
- \$100 gift certificate from Australian Show Ribbons
- 2 x Gift Certificates for an Xtra-Cool feed bag from Mitavite
- Club profile published in the Horse Downunder magazine (pending publisher approval and quality of photos)

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PROFILE OF THE MONTH COMPETITION

ENTER NOW
TO WIN

Congratulations to all of the recent Pony Club Profile of the month competition winners! Each winner received;

- 1 x Giddyupgirl Saddle Bag courtesy of Giddyupgirl Australia
- Profile published in the Horse Downunder magazine (pending publisher approval and quality of photos)

April Profile of the month: Annalise Wilson

My name is Annalise Wilson, I am 14 years old and am a member of Mudgee Pony Club. My horses name is "Ignite The Fire" (Flame), she loves to jump and compete in One Day Events and she also loves trail riding.

I love pony club because it always brings a smile to my face and 100% of the time I have an awesome day.

When I am not riding I like to scrapbook about all my riding efforts, learn to sew and draw.

If I had 3 wishes I would wish for a successful career in equine science, be well known for my riding and my last wish would be for endless wishes!! :)



Photo Captions;
Photo 1 & 2: Annalise Wilson and Flame.

May Profile of the month: Akayla Sillett

My name is Akayla Sillett, I am 8 years old and a member of Burra District Pony Club. My horses name is Misty, she loves to eat and do jumping.

I love Pony Club because I get to ride my pony lots and we do fun things, and I can play with my friends.

When I am not horse riding I like to play with my friends and play with my toy ponies.

If I had three wishes I would have a unicorn, get some new toys and learn to fly.



Photo Captions;
Photo 1 & 2: Akayla and Misty out at some gymkhanas.

Profile of the month competition

HOW TO ENTER: Email the below to marketing@pcansw.org.au with the subject heading 'Profile of the Month'. Please include your preference of Saddle Bag colour either black/purple, black/pink or black/aqua and include a couriers address in the email. A Couriers address is a residential address were someone is present to sign for the parcel when it arrives.

1. Tell us a little bit about yourself by filling in the blank spaces as indicated by this symbol ().

My name is (), I am () years old and a member of () Pony Club. My horses name is (), he/she loves to (). I love Pony Club because (). When I am not horse riding I like to (). If I had three wishes I would ().

2. Attach up to 2 high quality images of yourself with a photo caption detailing who is featured in the photos.

1 MEMBER EACH MONTH RECEIVES:

- 1 x Giddyup girl saddle carry bag valued at \$50
- Profile published in the Horse Downunder magazine (pending publisher approval and quality of photos)

downunder



ENTRIES CLOSE: the last day of the month. Winners will be published on our website under the 'Latest News' section on the homepage of our website and on our Blog.



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Horseshoe Zip Tie **\$24.95**

TAYLA BERRY

riding Brendonna Calender Girl

Tayla wears Giddyup Collection
Georgie Show Jacket **\$79.95**
Hope Show Shirt **\$59.95** Cherri Waistcoat **\$69.95**

Coaches Corner

This information has been written by one of the Associations State Coaches, as a guide to Pony Club Instructors. If you are interested in obtaining more resources, one of the Associations State Coaches Sarah Venamore has published some resource books featuring additional lesson plans which can be purchased through the State Office for \$40; 'The Right Track' and 'The Right Track II'. Simply download a copy of the Merchandise Order Form from the website under the Club & Zone Management tab.



What Instruction is available to each Zone from PCANSW

Each Zone, each year is able to apply for four schools provided free of charge by the Pony Club Association of NSW. Schools are provided for Instructors, riders and members of the PCANSW. The following is a list of schools each Zone can apply for each year. All these schools have to be applied for in writing on the official application forms and only by the Zone Chief Instructor. (They are not available on the website.) To ensure your school goes ahead, the PCANSW office must receive the completed application form.

For the Instructor: A zone can have one instructor's school paid for by the association each year. This school can be an;

- NCAS Probationary (Any financial member over the age of 16 can attend) and is also a refresher for instructors who wish to keep their old certificates current.
- NCAS Level 1 (Any financial instructor can attend).

For NCAS accredited Instructors these schools will give you 6 points towards your updating.

For instructors still accredited under the old system you must have attended 4 days of any of these schools over a period of 3 years for renewal of certificates.

For the Rider: Each zone can have any two of the following schools each year.

Senior Regional School in any of the following disciplines. Riders must be 12 years of age and under 25 years, C grade or better for Jumping & Eventing and able to jump the State Championship height for Equitation. Also riders must have completed their C Certificate.

- I. Dressage (With any of the Level 3 EFA coaches on the application forms)
- II. Showjumping (As above)
- III. Eventing (As above)
- IV. Campdrafting (From list of accredited instructors)

AND/OR

Regional School in any of the following disciplines. Riders must be 10 years and under 25 years.

- I. Dressage (With the State Coach)
- II. Showjumping (With the State Coach)
- III. Eventing (With the State Coach)
- IV. Mounted Games (With the State Coach)
- V. Jumping Equitation (With a State Coach)

You may have two Regional Schools instead of a Senior & Regional.

For any member: Specialist Schools can be attended by any financial member over the age of 16.

- I. Administration
- II. Showjumping Judges Clinic
- III. Showjumping Course Design Clinic
- IV. Jumping Equitation Clinic
- V. Dressage Judges Clinic
- VI. Show Riding Judges Clinic

All the above schools must be applied for through your Zone by the Zone Chief Instructor.

Paid Instructor Panel Instructors: For clubs or Zones wishing to have a Paid instructor for a camp, weekend clinic or rally day you can book an instructor from the Paid Instructors Panel list on the website. This instructor will be paid by you but has been approved by PCANSW and is covered by PCANSW insurance. Contact must be made to the instructor by the club or zone.

The club or zone must pay the instructor via the PCANSW office and have notified PCANSW office when the camp/school is being held and where.

NCAS ASSESSMENTS: If you are looking to do your NCAS Instructors assessment you need to contact your Zone Instructor. If your zone doesn't have enough instructors to conduct the day or weekend you are free to contact another zone that may be holding an assessment. Your completed log books should come to the office via the Zones assessment coordinator with the other candidates log books. It is preferable not to send individual books to the office. Each zone is entitled to a number of assessment each year.

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Our fabulous Giddyupgirl subscription deal is continuing in 2013!

If you renew your HW subscription, or purchase a subscription or gift subscription right now, you will automatically go in the draw to win one of **4 x FABULOUS \$200 Giddyup Australia clothing vouchers!**

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Step outside the arena....with Giddyupgirl!

This issue's HW Subscription winner is Victoria McGann from NSW!



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COMPETITIONS

Email or Post

HOW TO ENTER: Simply email marketing@pcansw.org.au with 'Mitavite' in the subject line and your contact details in the body of the email. Or fill in your contact details in the competition entry form and post to PO Box 2085, Wollongong NSW 2500. Entries close 26 July 2013.

2 WINNERS EACH RECEIVE: 2 x Mitavite Gift Certificates for an Xtra-Cool feed bag.
www.mitavite.com.au



Funniest Photo

HOW TO ENTER: Send us your funniest animal photo with a caption that describes what is happening! Post to PO Box 2085, Wollongong NSW 2500 or email marketing@pcansw.org.au with 'Funniest Photo' in the subject line. Entries close 26 July 2013.

2 WINNERS EACH RECEIVE: 1 x HorseWyse magazine subscription for 1 year (four issues). For more information please visit this website www.horseywyse.com.au

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Volunteer, Keith Lowe and Junior Service Awards

The Pony Club Association of NSW wishes to recognise and celebrate our valued volunteers and junior and associate members whose efforts have significantly assisted with the running and development of Pony Club within their Club and/or Zone.

Winners receive;

- ♦ 2 x Mitavite Gift Certificates for an Extra-Cool feed bag
- ♦ 1 x HorseWyse magazine
- ♦ 1 x \$20 Horseland Gift Voucher

Nominations close on the **28th June 2013**.

Please visit our website to find out more information and to download the nomination forms.

Volunteer of the Year

The Pony Club Association of NSW

Nomination Form

Recognising valued volunteers for their tireless efforts in the running and development of Pony Club

Opening Date: 1 March 2013
Closing Date: 28 June 2013

"Volunteering can be an exciting, growing, enjoyable experience. It is truly gratifying to serve a cause, practice one's ideas, work with people, solve problems, see benefits, and know one has a hand in them."
Harriet Nylander



COMPETITIONS

Email or post

HOW TO ENTER: Simply email marketing@pcansw.org.au with 'Macs Equine' in the subject line and your contact details in the body of the email. Or fill in your contact details in the competition entry form and post to PO Box 2085, Wollongong NSW 2500. Entries close on the 26 July 2013.

2 WINNERS EACH RECEIVES: 1 x Macs Equine Tear Mender valued at RRP \$25. For more information please visit www.macsequine.com.au



Email or post

HOW TO ENTER: Simply email marketing@pcansw.org.au with 'Macs Equine' in the subject line and your contact details in the body of the email. Or fill in your contact details in the competition entry form and post to PO Box 2085, Wollongong NSW 2500. Entries close on the 26 July 2013.

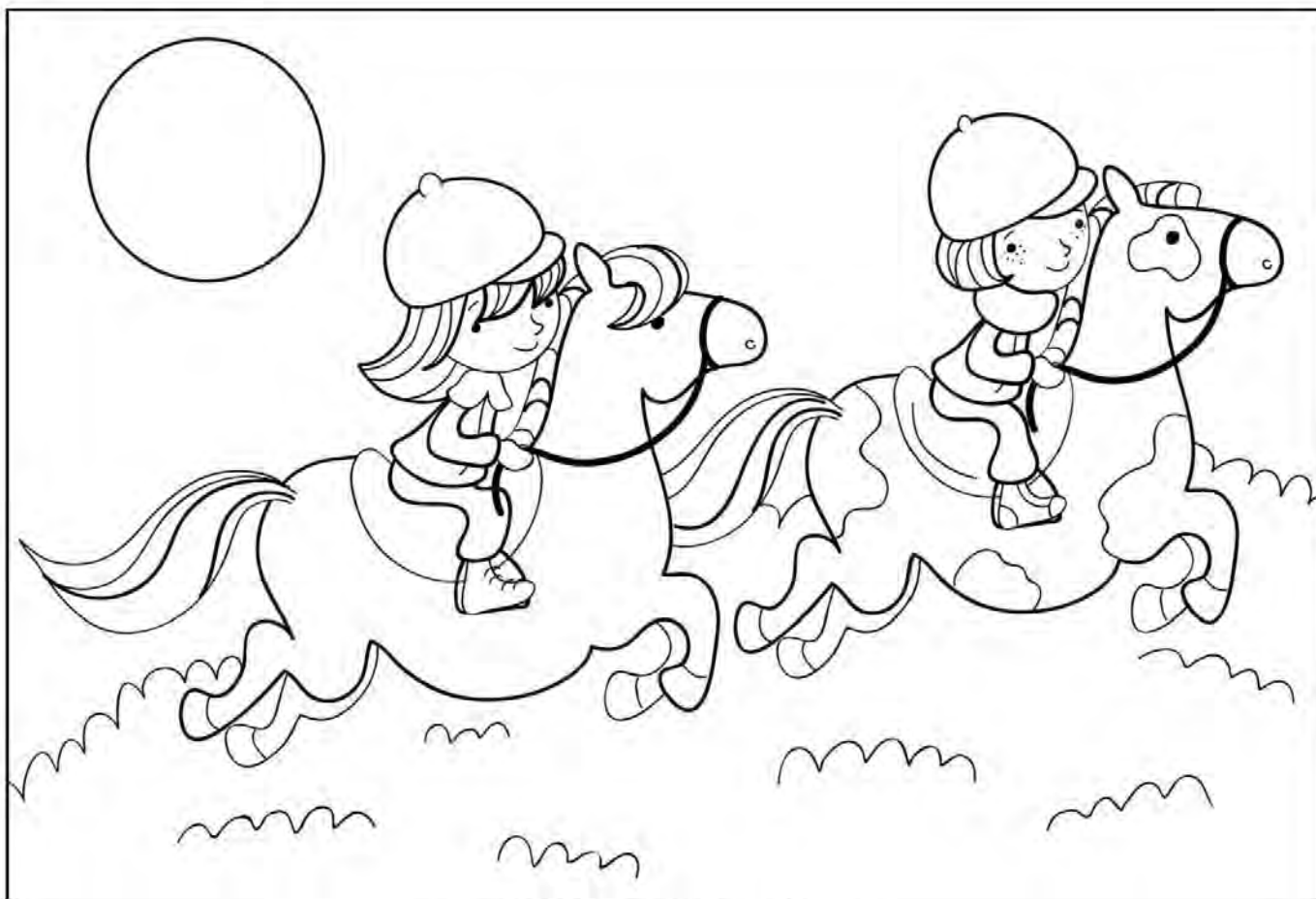
2 WINNERS EACH RECEIVE: 1 x Macs Equine Pee Wee Bit valued at RRP \$65. For more information please visit www.macsequine.com.au



Colouring

HOW TO ENTER: Colour in the picture, print this page and post your answers to PO Box 2085, Wollongong NSW 2500. Entries close 26 April 2013.

1 WINNER RECEIVES: 1 x Bambino Rainbow Halter



COMPETITIONS

Competition winners & answers: ISSUE 24 (MARCH 2013)

MAZE: 4 winners each received 2 x Mitavite Gift Certificates for an Xtra-Cool feed bag.

www.mitavite.com.au

Winners: Hannah Peel, Gabrielle Johnston, Emma Warn, Adelaide Cooper, Emma Moy

FIND A WORD: 1 winner received Bambino Rainbow Halter

Winner: Georgia Hayton

EMAIL OR POST: 2 winners each received 1 Macs Equine Tear Mender.

www.macsequine.com.au

Winners: Emma Moy, Sarah Goshi

DRAW A PICTURE: 2 winners each received 1 Macs Equine Pee Wee Bit.

www.macsequine.com.au

Winners: Lily Munce, Hannah Peel

EMAIL OR POST: 2 winners each received 1 years HorseWyse Magazine subscription.

www.horseywyse.com.au

Winners: Lara Bennett, Sarah Goshi.

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competition entry form

Fill in your answers, and contact details, below and post to:

"Newsletter Competition"

Pony Club NSW

PO Box 2085

Wollongong NSW 2500

Name:

Address:

.....

.....

Email:

.....

Club:

.....

Age: (for research purposes only)

Enter by FAX

Fill in your answers, and contact details, above and fax to:

02 4229 8966

Enter by E-MAIL

Email your answers, and contact details, to

marketing@pcansw.org.au with the subject heading 'Newsletter Competition'

Entries Close: 26 July 2013

Terms & Conditions: You do not have to leave an answer for every competition, only the ones you wish to enter. Competition is only open to current financial Pony Club NSW members. You can only enter each competition once. Winners will be drawn on 29/4/13 at the PCANSW State office.



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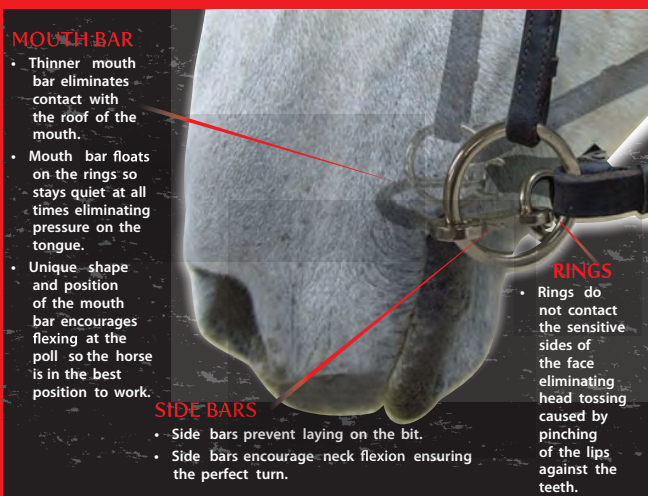






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Karen Moreton with her middle child Emily and favourite horse Denver

Karen's Column is a regular feature that looks at family, love and faith through the entertaining medium of short stories set in the world of ponies. Karen Moreton is a chaplain and avid horse lover. She welcomes your questions, and comments, via email;

karenjmoreton@bigpond.com

Previous articles are available on the Pony Club website, pcansw.org.au under the Publication section.



Karma Vs Compassion - which gets your vote?

Autumn in Dubbo is glorious! Warm days, cool nights and trees ablaze with colour; what better way to celebrate the change of seasons than to be out amongst it – with pony camp. Three things I always love about PC camp are eyeing off the horses, watching the kids improve and having good conversations!

While I was sitting in the shade after a morning session, one of the mums came and sat beside me and casually started to chat. Her Mother has been in hospital for many months after another driver nearly wiped her out on the highway. It seems her Mum may never walk again – may never return to her farm again, and this has got my friend thinking about the bigger questions. I'm going to let you eavesdrop on part of our conversation...

"Do you believe in Karma?" She asked curiously.

"Well I've always felt Karma is a cruel philosophy. Karma says that every child that has been abused, every wife that has been bashed, every person dying prematurely *deserves* it. How can we say to victims of abuse, 'you had it coming'?" "Yeah that's pretty negative. Well what do you believe?" she questioned me. "I believe in mercy. Mercy says to the suffering, 'Let me help you, let me support you, let me encourage ... I'm here for you!'" "Actually, when you put it like that," she continued, "It makes me realise that when it's my time to die and meet the man upstairs, I hope He treats me with mercy and not Karma!"

It's interesting to think about, hey. A lot of people treat faith like a smorgasbord and don't realise that can't work. A faith is a set of answers to life's ultimate questions and each set fits together as a group. Let me explain; if you own a horse it will have four legs, hooves, a mane and a tail. If you have a bird it will have a beak, wings and feathers. If you own a dog it has fur, paws and smelly breath! If you try to mix them – like having a horse with wings, paws and a beak, you get a fantasy but nothing based in reality, because their components go together and don't mix and match. Faith is the same...

The Christian/Catholic faith believes in a God with a personal interest in his people. He stands for love, forgiveness, mercy and justice. He offers to forgive those who ask for forgiveness and treat us with mercy. But those who are resolute in doing wrong, who scoff at forgiveness, for them God promises justice - and justice is scary to those on the wrong side of the law.



The Eastern religions don't believe in a God who is interested and involved in his creation; but rather their pantheon has a hierarchy of millions of gods who together make 'the power of the universe'. Karma somehow ensures everyone gets paid back for what they have done, either from this life or a previous one which they have no recollection of. There is no forgiveness, love, mercy or heaven in this belief system. Karma is one of the components in the set we call Hinduism.

One of the most fascinating books I have

read is "The Death of a Guru" the autobiography of a Hindu priest Rabi Maharaj. He was raised in an extremely devout Hindu family, he and his father was regarded as Avatars (living gods) by their community. His story unfolds in captivating detail but after many experiences he came to be disillusioned in Karma by four things:

- * How is it that 95% of the billion plus people in India are trying to live a good life so they go up in the Karma scale, yet 95% of Indians are born back into slums and abject poverty? Karma's math doesn't work
- * He felt the idea of Karma made him a worse person because if he was kind or showed mercy to the poor he was interfering with their Karma. But if he left them to their Karmic fate, wasn't he being unmerciful and therefore deserving of bad Karma himself? Karma contradicted itself.
- * He struggled for years with a violent temper and wanted to quit smoking but he became exasperated because he could not overcome his weaknesses. He questioned, "If I am so devout, why do I find no power to help me in my personal life?"
- * Lastly, he questioned, "If I am on the right track, then why, though I spend more and more hours every day meditating, do I find I have less and less inner peace?"

These questions stirred Rabi to really question his mystic faith. His story turned when twice he was in a life and death situation (once cornered by a striking cobra, and once when his appendix burst). Both times as he realised he was dying, his mother's words came back to him, "Rabi if ever you are in a situation where our gods don't help you, there is one other God. Call out to the God called 'Jesus' and he will help you." Both times Rabi called out "Jesus" and miraculously lived. Rabi eventually turned away from his Hindu / Karma beliefs and turned to the God of the Bible and found the peace, power and mercy he had been searching for.

I hope this gives you food for thought. I hope you don't believe in a horse with a beak, paws and feathers. I'd love to hear from you if you want to discuss it more. You can email me at karenjmoreton@bigpond.com

Wishing you certainty and truth in life's big questions,

Karen Moreton, Chaplain



WHAT'S HAPPENING AT PONY CLUB IN 2013

For more events visit the state website, www.pcansw.org.au

2013 STATE CHAMPIONSHIPS

6-7th July 2013: Pony Club NSW State Showjumping

Championships, Bathurst
Showground, Bathurst (Zone 3)

14-15th September 2013: Pony Club NSW State Mounted Games Championships, Holbrook Equestrian Centre, Holbrook (Zone 20)

12-13th October 2013: Pony Club NSW State ODE Championships, Murrumburrah Showgrounds, Harden (Zone 2)

7-8th December 2013: Bungendore Community Bank State Showriding Championships, Bungendore Showgrounds, Bungendore (Zone 16)

PONY CLUB NATIONAL CHAMPIONSHIPS

26-30th September 2013: WA
Equestrian Centre, Brigadoon.

2013 STATE MEETINGS

28-30th July 2013: Executive, ZCI and Council meetings.

24-26th November 2013: Executive, ZCI and Council meetings.

SCHOOLS

Junior Dressage School
15-16th June, Zone 21, Griffith

Junior Showjumping School
15-16th June, Zone 28, TBC

Update Instructors School
15-16th June, Zone 21, Griffith

NCAS Assessment School
22-23 June, Zone 4, Rawsonville,

NCAS Preliminary School
22-23 June, Zone 19, Kurrajong

Showjumping Course Design
22-23 June, Zone 20, Albury

NCAS Preliminary School
29-30th June, Zone 9, Port Macquarie

Regional Showjumping School
29-30 June, Zone 4, TBC

Junior Dressage School
20-21 July, Zone 28, TBC

NCAS Instructors School
20-21 July, Zone 20, Albury

NCAS Assessment School
27-28 July, Zone 20, Albury

NCAS Assessment School
27-28 July, Zone 9, Willawarren

NCAS School
27-28 July, Zone 24, TBC

Junior Eventing School
3-4 August, Zone 8, Warialda

Junior Eventing School
3-4 August, Zone 27, Goulburn

NCAS Instructors School
3-4th August, Zone 12, Wagga

Junior Eventing School
10-11 August, Zone 9, Nana Glen

Junior Eventing School
10-11 August, Zone 21, Narrandera

Junior Dressage School
10-11 August, Zone 19, Kurrajong

Junior Dressage School
14-15 August, Zone 14, Narooma

Showjumping Course Design
31 Aug– 1 Sep, Zone 6, Mudgee

Junior Dressage School
14-15 Sep, Zone 20, Holbrook

Junior Showjumping School
12-13 October, Zone 19, Kurrajong

Junior Dressage School,
2-3 November, Zone 11, Forbes

Junior Dressage School
9-10 Nov, Zone 22, Jerrara

MAIL OUTS & PONY NEWS

June, August, October, December.

STATE NEWSLETTER

June, September, December.

VOLUNTEER OF THE YEAR, KEITH LOWE AND JUNIOR SERVICE AWARDS

Nominations close on the **28th June 2013**.

NATIONALS RAFFLE

Tickets must be back to the PCANSW office before the 12th July 2013. Raffle will be drawn on the 30th July 2013. Winners will be notified by phone.



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